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SCHOOL NURSING IN THE SUBURBS OF NEW YORK.

In the performance of duties as school nurse, a new and changing panorama is continually unfolding itself—luxury and depravity, joy and sorrow, are united and intermingled.

The group of five schools, in which my time and interest is daily absorbed, is unique by reason of its history, variety in size, class of buildings, and pupils.

The following is an extract of the history of Erasmus Hall High School, published in the "Erasmian," in October, 1912, the one hundred and twenty-fifth anniversary:

Erasmus Hall was founded by a corporation formed among the members of the Reformed Dutch Church of Flatbush, and named after the Dutch scholar Erasmus. The school was chartered by the Regents on November 17, 1787, and was the first secondary school to receive a charter. The charter created a self-perpetuating board of trustees, under the management of which the school continued until 1896, when the property was conveyed as a gift to the Borough of Brooklyn. It thus became a High School of the New York City system.

The original building was a large one for the times, being 100 x 36 ft., containing four large halls and twelve rooms.

When the trustees of the old academy transferred the property to the city, it was with the understanding that, in time, there should be built on the site, and equipped, one of the finest High School buildings in the State. In fulfilment of this obligation, the corner-stone of the new building was laid on January 18, 1895. One-half of the building is finished and in use. No doubt the rest will be completed in a few years. It will then be the largest High School building in the world and will cost the city $3,000,000. In appearance it will remind one of a college building at Oxford or at Cambridge.

The school is equipped with everything that is likely to be of use for the best work in all lines. For scientific work, the laboratories are not excelled by those of any other secondary school in the country.

A year ago the principal, Dr. W. B. Gummion, realizing that medical inspection was a necessity, requested such inspection of the Department of Health. The request was granted, and the result showed

that 5 per cent. of the 3,000 pupils suffered from minor physical defects. These pupils have been seen daily, weekly, or monthly, according to necessity, until the defects were corrected or improved.

Miss K. Turner, vice-principal, has a personal interest in all the pupils, and occasionally I am requested to give a curtain lecture to some young girl on the baneful results of the use of powder, hair bleaches, and incorrect posture or dress.

Owing to the fact that the work is departmental, it has been difficult to see the defective cases at regular intervals. This trouble has been overcome, as I have now a supply of typewritten appointment slips, which I fill out and deposit in the mail boxes of the official class teachers the day previous to re-examination.

After leaving Erasmus Hall, where I spend from one-half to an hour each morning, I visit one of the oldest elementary schools in Flatbush, No. 90, which appears the same as it must have fifty years ago, when a past generation of teachers and pupils were busy within its walls. The teaching faculty of this school is very wideawake on the subject of contagion, and no case of chickenpox or mumps escapes their watchful eye, consequently the medical inspectors are kept busy when these diseases are in season.

Hygiene of all kinds, and especially mouth hygiene, is advocated, urged, and insisted upon. Here, again, Miss O'Donnell, the principal, and her staff of teachers have co-operated in bringing about results. The monthly report cards are marked in effort and hygiene, according to my report of the children's condition. This I find truly helpful, as the pride of the children compels the desired results.

My next school is a Catholic parochial school of nearly a thousand pupils (Holy Cross School). There are twenty classes taught, with a few exceptions, by sisters of the Order of St. Joseph. I find the pupils of this school more widely different, economically speaking, than those of my other elementary schools. I find, however, in visiting the homes that the little ones from the humble homes of the struggling laborers are as truly happy and contented as are those who travel to and from school in their automobiles. We school nurses are privileged to see life as it really is, listening to tales of joy and sorrow, offering what is better than gold, the advice which, if followed, is health, happiness, and life itself.

After leaving this trio of widely different "temples of learning," which are within two blocks of each other, I travel a mile on the trolley to my next charge, P. S. 135, a collapsible frame building, known by the children as the "chicken coop." This building was removed from "Browneville," a distance of two miles, to its present site. It is the dream of the settlers to see it replaced by a more modern structure. The children of this school vary in type and nationality,

Jewish predominating. Across the fields, fifteen minutes' walk from P. S. 135, is the smallest school in New York City, No. 121. It is a quaint little one-room building, which might be duplicated on a Western prairie as far as architecture is concerned. One teacher acts as principal and teacher, and there are twenty-four pupils of every grade and age of the elementary school in that little room. The elite of Flatbush formerly lived in the roomy, low-ceiled houses scattered here and there in the vicinity of the little school-house, but now, when these homesteads are in a state of decay, the foreigner from southern Europe has taken possession, and I find it difficult to persuade these dark-eyed mothers that their children need water to freshen and beautify them, as do the flowers in the fields around them.

The work of the school nurse is full of variety and interesting incidents. Left to one's self, a feeling of responsibility is developed, and in meeting the problems of others we are gaining knowledge and experience. The other organizations for improving the community are encountered from time to time, and the advantages of co-operation are more than evident.

Regular hours and remuneration are conducive to good health, and opportunity for outside activity is an advantage worthy of mention, as it only too often happens that lives of nurses are dwarfed in their growth where these advantages are wanting.—Aida E. Soderstrom, 1144 E. 37th street, Brooklyn, New York.

TRAINING NURSES IN THE UNIVERSITY.

The University of Minnesota is the pioneer of this significant movement for the better education of nursing women. In creating a school for nurses as a department of teaching, under direct university control, in charge of the faculty of the medical school and affiliated with the teaching hospital, which is similarly owned and controlled by the university, it has led the entire world, although it has been happily followed already by two neighboring State universities. The significance of this movement lies not alone in the high standard of training which the university has set, but in the fact that its action tends to remove from the exclusive control of the hospital, as such, the education of the nurse. Its significance can be measured only by those who have studied the problem of the education of nursing women from the point of view of the student's educational interest.

The essential features of the university curriculum for nurses may be of some interest. The diploma of a high school of the first grade and an actual examination to determine the physical fitness of the candidate, conducted by the physician of the school, are requirements

for admission. Preference is given to women of superior attainments. A preliminary course of four months is required, during which the pupil is not in hospital residence, for which course she pays a tuition fee, and which covers instruction from six to eight hours daily, conducted in the laboratories and lecture halls of the university, in the subjects of anatomy, physiology, bacteriology, chemistry, materia medica, English, penmanship and lettering, physical culture, hospital economics, and practical dietetics—a course with which the student is exclusively occupied during the four months, thus relieving the period of subsequent hospital service of many wearying hours of evening lectures. The superior fitness of the hospital entrant for her practical duties by virtue of her preliminary course of study, has proved itself clearly to those who are in immediate charge of the school. A two months' probation service in hospital, followed by two and one-half years of graded service and study in the wards, complete the course. An eight-hour hospital day and the employment of an adequate number of graduate nurses as long as may prove necessary for the proper conduct of the school, are added features of the university plan. On recommendation of the medical faculty, the university degree of Graduate in Nursing is conferred by the boards of regents.—*Journal of the American Medical Association.*

MISS BROWNE'S REPORT ON SCHOOL CLEANING.

1. The best fumigating agent is a solution of Wescol, 1-300 used in a fine spray on walls, furniture, and floor. The kind of sprayer installed in Connaught school is a good one and inexpensive.

2. For sweeping purposes, a push broom with an oil tank attached should be used, one about 12 in. wide for sweeping under the desks, and one about 30 in. wide for sweeping the aisles. Kerosine is used in the tanks. A very good broom of this type may be obtained from the Milwaukee Dustless Brush Co., Milwaukee, Wis. Class rooms and halls should be swept daily.

A duster soaked overnight in Chrysolite should be used for dusting the furniture in class rooms and the banisters in the halls. This should be done daily. Cheesecloth should be used for this purpose, and renewed twice a week.

A special brush soaked in Chrysolite should be used for dusting between the railings of the stair. A good one is at present in use in Wetmore school. This should be done daily.

A special brush soaked in Chrysolite should be used for dusting between the divisions of the radiators, daily.

Class rooms should be scrubbed with hot soapsuds once a week;

kindergarten rooms twice a week. The halls and stairways should be mopped with hot soapsuds twice weekly.

3. The hose should be turned on the basement floors once a day. Where basement floors will not admit of this, they should be fixed so that drainage may be secured into the trap.

4. Where walls of basement are whitewashed, these walls should be freshly whitewashed three times a year.

In the schools where there is a tile wainscoting, this should be washed with hot soapsuds once a month.

All other walls should be freshly kalsomined once a year.

5. Seats of lavatories should be washed with hot soapsuds and then wiped off with a cloth wrung out of Wescol Sol., 1-300, once a day. The inside of the closets should be thoroughly cleansed with a coarse brush, designed for that purpose, once a day.

Urinals should be scrubbed with Sapolio or Dutch Cleanser once a day.

Lavatory doors and partitions should be cleaned with a cloth wrung out of Wescol, 1-300, once a week.

6. All drinking fountains should be scrubbed with Sapolio or Dutch Cleanser once a day.

7. All wash basins should be scrubbed with Sapolio or Dutch Cleanser once before 9 a.m. and once at noon.

8. There should always be liquid soap in the soap containers.

9. There should always be a supply of clean towels in the towel-holders in the basement. These towel-holders should be painted white and should be made so that the tray on top will not lift out. These trays should be washed with hot soapsuds once a day.

10. Where shower baths are installed, there should be an individual bath towel for each child receiving a bath.

11. Where sanitary drinking fountains have not been installed, individual drinking cups should be supplied. The kind made of waxed paper answers the purpose, and is inexpensive.

12. In class rooms where Plasticine is used, each child should have his own portion.

13. Where the vacuum cleaner has been installed, it should be used daily for halls and stairways instead of the ordinary sweeping method.

These recommendations have all been adopted by the School Board and will be acted upon at once.

"Incidents in the life of a District Nurse in the City."

Her Duties: Always willing to obey a call of distress. Bright, cheerful and patient in the homes of the poor.

Her Privileges :

1. The gratitude and love of the poor;

2. The opportunities of inspiring the mothers to keep their children, home and person clean and happy; meeting husband with bright

smiling face; clean home and children; a hot dinner waiting for him when he returns from his day's work and so keep the man from the curse of the drinking saloon;

3. Best of all, the great privilege of leading them to Christ, Who alone can keep their hearts and minds clean and pure; enabling the mother to have a gentle patient manner with her children, and the husband to have a brave, manly, God-fearing heart, filled with love for his home.

As an illustration—I will give you one of the many interesting cases which have been in my care :

A call to an obstetrical case, brought me to a filthy lane strewn with garbage, etc. I came to the house, if it could be called such, broken window panes met my eyes and when the door was opened to my knock by a dirty, untidy woman, I had to step over filthy pails, etc., to enter the place. The patient meets me with foul language. I hear her swearing at her children, the first thought is, "Surely I can never attend to any one here in this awful place." However, baby arrives a little later and I make the best of things and attend the patient for ten days. In the course of conversation I find she never attends any place of worship. She has no use for the Bible, but I read her a verse or two every day and talk to her about Jesus. Before my visits cease she surrenders her heart to Him. Six months later my patient tells me she has moved to a better place and asks me to come and see her, I promise to come when I am visiting in that district, and one day I dropped in unexpectedly about 6 p.m. and oh, what a difference in the atmosphere. Husband and wife and children sitting down, clean and tidy, to have supper at a table with a nice white cloth on, and the eldest girl of six years saying grace just before the meal, with all heads bowed reverently. The mother takes her now-beloved Bible, reads to the little ones and teaches them to pray. What a wonderful change Christ can make in the hearts and homes; the husband, too, is living a Christian life now, and is a good citizen.

Another Call of Distress:

Away out in the bush, two miles from the car lines, and the directions given to get there were that the house was on a certain corner. But on arrival there the only place to be seen looked like a shed. On walking around this said shed I found a door, thinking surely no one lives here! However, on knocking and hearing footsteps, thought "it must be some lone old bachelor, and I would ask to be directed," but no! a woman came to the door, and said, "Yes, that was where the sick man was," and found that he was the husband of this woman who looked as if it would not be long before an interesting event took place with her.

This shack consisted of a kitchen and one bedroom where the hus-

band was very ill with pleuro-pneumonia. Two beds in the room, the man in one and four children in the other. The doctor thought the man would die as his heart was very weak. After attending him a week I arrived there one day as usual to attend my patient and found him in a state of terror; his temperature at an alarming degree, and his pulse 130; his wife ill, a little stranger was expected; the husband was very ill at the thought of the little one arriving in the same room where he was so ill and helpless. However, on giving him a heart stimulant and soothing him with a promise that there would be no fuss or noise, I ran about half a mile to a neighbor's house, another shack, and borrowed a clothes-horse, hung some clothes on it, and put it around the husband's bed as a screen. Then I ran to the well away from the house (shack) drew up pails of water and brought them to the shack, to get some boiling water ready (of course there was no convenience in the place). Then I got hold of some neighbor man and sent him back to the city for clothes, bedding, etc., etc. I was there all night. Kept the woman out in the kitchen, until the last moment, knowing that if the husband heard any cry it would prove fatal in his weak condition. Every hour through that afternoon and long night I had to stimulate his heart; sent for four different doctors and could not get one, and just as the little stranger entered this world at 7 a.m., the doctor arrived on the scene; but the awful strain was over then, the husband resting quietly, mother and baby safe. I had sent some of the children to a neighbor's for the night, and made up a bed for the two youngest in the kitchen.

The time passed—shall we say—"interestingly," in seeing that the man did not die, and the woman did not cry; keeping the little ones asleep until all was over. When the doctor arrived he just stood and looked round in surprise, and said, "My! this looks like a hospital ward! However did you manage, nurse, to have things so well arranged?" but in a case like this, we nurses have got to use our brains and common sense. I attended that case right through. The man quite recovered and the woman and baby were in good health again after a couple of weeks.

During this illness, the husband and wife were both lead to Christ, the great Burden-bearer of all, and they are just trusting Him fully now, knowing He shall supply all their needs according to His riches in glory.

In our work (The Bible Women's Home, of the Toronto Mission Union), we have gospel services in the hall where we invite these people to come, and so they find a church home, and it has proved a great blessing to the many who have to face temptations through the week. There is no work in our profession so satisfying as that of the District Nurse.

GRADUATE NURSE

I had long felt a hesitancy in using the term "trained nurse" without knowing why I should object to its use. However, I became more definite about it when, a short time ago, I found this sentence in the work of an educationist: "We cultivate plants, train animals, and educate persons." Clearly, the supreme idea conveyed by the word "cultivates" is that of value derived outside the object. The essential idea in "train" is that of habits, the object being an automatic, though conscious, mechanism; while to "educate" implies the *developing* of the object, or at least the developing of certain characteristics of it. To "educate" nurses is surely the big word we want, though it is desirable that for convenience we have nurses trained in certain habits, yet the word "trained" does not express nearly all we would mean. Qualities possessed by these young women who wish to become nurses must be developed, and there is no suggestion of development in the word train. In other words, these women must be educated, and when the course of education is completed, we truly express our meaning by the term "graduate," rather than "trained" nurse. And, too, when we speak of this particular educational institution, I cannot see the necessity of adding the superfluous "training" to the fully adequate "school for nurses."

Doubtless I have said enough on this subject, and may trust that our beloved profession will steadily shed its frailties until it blossoms one day in its own perfection, the beauty of which must receive the homage of mankind. The intellectual attributes are in themselves praiseworthy, but it is not in these we place our trust. The profession has for its soul the woman-heart. So, nurses, I pray you, though the heavens fall, keep your hearts true, that the growth of the profession may not be retarded in these its tender years by one unprofitable member, and lest, my dear sisters, it turn in vengeance upon you and by its first destructive stroke spoil the delicacy of the soft-toned sweetness in your hearts, reflecting the loss daily in your lives.

A. K. Winnipeg.

GLEANINGS

"Tuberculosis is not hereditary, but exclusively contagious." Lesson—Heredity furnishes the barren soil, bad hygiene fructifies it, carelessness sows the seed.

"Fully 600,000 children in the public schools have tuberculosis." Lesson—Fresh air, good food and proper hygiene must be given them at all hazards.

"Heredity has nothing to do with the character of the child; the environment is the determining factor in character building." Lesson—Another Daniel come to Judgment. Move an Arabian thoroughbred colt into a brewery stable and see what kind of a draft horse he will make. Put a Percheron colt into a racing stable and bet your money on him if you believe this otherwise brilliant doctor. Inherited blood will tell, so will inherited character. Environment does influence children's physical condition, greatly, but their character, moderately.

"Soap is the greatest civilizer of man." Lesson—Encourage public baths.

"The conservation of human life constitutes the grandest achievement of the twentieth century."

The lesson I would inculcate from this great truth and which was the dominant note and epitome of all its deliberations is that the American people have not yet recognized its momentous import. As Mr. Rittenhouse has so well said before the National Conservation Congress in Indianapolis, "The war against preventable disease and death is in a struggle between the dollar and the death rate. So far the dollar is ahead. The body politic still prefers a high death rate to a slight and temporary increase of the tax rate." Endeavoring to emphasize this truth, it has been my privilege to call attention to a nerve which is not found in books on Anatomy, but which appears to be too often the mainspring of human action. I have named it the pocket nerve; it leads like all other nerves to the brain; when attacked it arouses the brain to what we doctors call reflex action and sends out an alarm to mobilize all the forces in its defence. The popular saying, "Money talks," explains my meaning. For example, the Temperance agitators have for years appealed to the moral side of intemperance chiefly, treating the financial effect of alcoholism as secondary. Their propaganda has not been crowned with the success it deserves. That great railroad genius, the late Mr. E. H. Harriman, inaugurated a campaign against alcohol on the Pacific lines; he established club houses which drove the formerly flourishing barrooms out of business. His idea was taken up last year by Mr. Sheppard on the Pennsylvania lines when several terrible accidents on other lines had been traced to drunken engineers. These

men did more for temperance than all the prohibition preachers, because their "pocket nerve" demanded action against the enemy that "enters the mouth and steals away the brain."

"To-night I shall ask you to consider with me one form of public baths, the school bath, the most valuable, in my estimation, but the most neglected. A brief statement of the reasons for regarding the school bath as of paramount importance may serve to enlist the interest of the school authorities and urge them to devote more support to them as factors in the education of children under their care. Let us consider an outline of the action of the bath on the human body, and apply the data thus obtained to the effects of the bath on the young.

The skin is one of the most important organs of the body, because it is the seat of touch. The loss of hearing, sight, taste or smell is consistent with the continuation of life. When the sense of touch, however, is lost by large burns of the skin, for instance, the scout or vidette of the body, which notifies the brain of impending danger, is gone. The organs of the body may be compared to an army fighting harmoniously and constantly against disease and death under command of the brain. When the general loses the services of his outposts, an enemy may approach and find him unprepared. The skin is supplied with millions of minute nerve points; the finest pin cannot prick you without pain, which means without conveying the injury to the brain, which, as you know, feels. Nor may the finest pin point penetrate the skin without the loss of blood, the appearance of which means that a direct channel to the heart has been opened, as is proved when a larger puncture produces a pulsating stream. There are also millions of muscular fibres in the skin. Every single hair is supplied with a hair-raising muscle. They are in operation during the goose skin sensation under the action of cold.

That these nerves, vessels and muscles act in unison is proved by numerous facts. When the ghost in Hamlet muttered "I could a tale unfold that would make each particular hair stand on end like the quills upon a fretful porcupine," he described how the brain receives an emotional stimulus that sends a message to the little muscles of the skin to contract and raise hair. I sometimes wonder if the medical knowledge displayed by Shakespeare may not confirm Donnelly's theory of Dr. Francis Bacon's authorship.

When a lovely blush mantles the maiden's cheek or when the craven's face pales with fear, have we not irrefutable evidence of the powerful mental influences exerted upon the skin through the brain? These are evanescent but obvious effects. Physical influences are more potent still because more enduring.

When the skin is brought into contact with water differing in temperature from its own, which is about 92F., the little nerves and

blood vessels leading to the brain announce the invasion to the latter. The greater the difference of temperature the more intense is the alarm, or what is called the shock or unpleasant surprise, when the brain is aroused, for instance, after its nocturnal apathy by bathing the face. You go forth to your daily task more alert and refreshed. A more intense effect is produced by bathing the whole body. Any one who indulges in the morning plunge will testify to the physical and mental invigoration. Now it is not generally known that the friction following the bath stimulates the little muscles of the skin and that this mechanical excitation, as the physiologists call it, is of enormous advantage in stimulating the flow of blood to and from the heart, and that in this way good blood is sent to the brain, resulting in a wonderful nutritive action that is enduring. In other words, a good bath with friction is a training of the little muscles and blood vessels and nerves of the skin just as exercise trains the muscles of locomotion. This idea has not yet filtered through the minds of teachers and writers, but being based on physiology, the law of nature, it is immutable as any other law of nature."

Instead of offering my personal views, I have here selected one of several reports on the educational value of the school baths, which are in confirmation of my personal observation in numerous visits since I first appeared to make a plea for them in 1890 before the County Medical Society of New York. Mrs. Wentworth reported to the Commissioner of Public Buildings in 1911 : "It was very refreshing to meet those who were able to awake to the vital interest and importance of the bath and who understood its value as a means of character building among children. The principal took great pride in it. By coaxing and example she had taught these immigrant children to overcome their timidity. Once tried the only trouble she had was to get them out of the bath. Their condition was pitiful, underclothing unutterably soiled and tattered, their little bodies soiled. But ere long there was marked improvement in the underwear as well as in general health. Those whom I saw coming from the bath were as happy as little larks. Indeed, it was a happy time all around. Principal, attendant and children all enjoying the good work."

Among several letters from principals of schools, the following epitomizes the educational value of the school bath: "Our baths have become a valuable means of character building and social improvement among the pupils, and in many cases the good influence has reached into the homes. Baths, I feel have a vital influence. Bodies cleansed by pure fresh water, nerves soothed, and brains rested and stimulated by the delightful experience of a refreshing shower under the most enjoyable conditions—the bright faces of the little ones indicate to the most careless observer how much the bath means to the pupils. The

shower baths in P. S. No. 110 (situated in one of the most congested districts of the east side) were opened in December, 1905, since which time an average of 20,000 children have been bathed annually. Each class is assigned a period of one half-hour weekly. Under the pressure of poverty and unwholesome surroundings personal cleanliness very often becomes neglected. Three hundred boys were questioned; of this number 200 had no baths at home, of the remaining the baths in 27 homes were out of order or used for other purposes. At the beginning of the work it was common to find the skin of the children so neglected that it appeared like a coat of brown paint. In many cases they were loath and afraid to bathe. By careful guidance, suggestion and encouragement and praise they have come to like the bath, they like to be clean, and many bring clean underwear with them. It is now esteemed a great privilege to bathe. There is a very strong flow of water which beats diagonally upon the body, which not only cleanses the skin, but stimulates it, strengthens the nervous system and aids the circulation of blood. The most marked improvement is in the ungraded classes. The children go back to their classrooms more refreshed and alert for work, than they would after a half hour's exercise in the gymnasium. The bathing habit formed in school between the ages of seven to fourteen will continue through life. On the moral side a child when clean, has more respect for himself and is more responsive to law and order. Where habits of uncleanliness prevail moral deterioration and disease follow. The class attending the bath in a group acts as an incentive for all to partake of the advantage. Whenever the baths have been closed down because of lack of funds to carry on the work, the pupils have missed them sorely; they are undoubtedly of great benefit to the school. In closing, if I may be permitted a suggestion, it would be well to provide a supply of towels and soap for those who are unable to supply their own. At present the pupils are dependent upon the generosity of the bath attendants, the teachers and their classmates."

What a commentary at once on the beneficence and educational value of the school baths and the niggardly false economy of the financial authorities in not supplying funds for the regular maintenance of these educational factors throughout the year. Is it not ridiculous to furnish water without soap or towels, when new gymnasiums with all paraphernalia are being constantly planned and erected for grown-ups' recreation?"—*The Dietetic and Hygienic Gazette.*

The Canadian Journal of Medicine and Surgery gives an account of the successful treatment by radium of several cases. Among these, a case of angioma which had not yielded to operation. The tumor, before

radium treatment, projected about one inch from the surface of the face and extended over a large area. The patient is completely cured. The treatment was by the application of radium for forty hours and the injection of twenty-one hypodermics of radium salts.

Another patient with "a mass of spongy tissue on the alveolar margin of the upper jaw, and also some on the lower. The tissue broke down very rapidly with bleeding. Under two applications of a tube of radium the papillomatous mass has disappeared and left a smooth healed margin."

Another patient of 77 had an ulcer below the right ear which slowly increased in size. After three heavy exposures to radium healing gradually took place and was completed in about two months.

Another, a case of rodent ulcer, where radium was used at intervals and complete healing has resulted.

The Southern California Practitioner gives a summary of an important paper—"Some Suggestions for a More Rational Solution of the Tuberculosis Problem in the United States," given at the National Conference on Race Betterment at Battle Creek in January, 1914, by Dr. S. A. Knopf, Professor of Medicine at the New York Post-Graduate Medical School and Hospital. Here are some excerpts:

"We must strive to have no uncared-for tuberculosis patients. To this end, institutions for treatment and care of the tuberculous who cannot be cared for at home without endangering others, should be multiplied by State and municipal appropriations and private philanthropy."

"Agricultural, horticultural and industrial colonies, where the sanatoria graduate may have an opportunity to go for a year or more to earn a fair wage and at the same time be given a chance to make himself stronger and more resistant against a new outbreak or invasion of the disease, are as essential as sanatoria."

"Open air schools and as much open air instruction as possible in kindergarten, school and college, should be the rule; indoor instruction should be the exception."

"There should be a sufficient number of public parks and playgrounds in our cities to counteract congestion and reduce it to a minimum. The roofs of all city houses should be utilized to give more open air life to the inhabitants."

"Besides popular anti-tuberculosis and general hygienic education, demonstrations by permanent exhibits, distribution of literature, lectures in schools, colleges, workshops, mills, factories, mines, stores and offices, the examination of every tuberculous adult should be accompanied by personal instruction in how to prevent infecting others.

Anti-spitting ordinances should be enforced, but receptacles in public places for those who must spit should also be provided."

"The eradication of tuberculosis as a disease of the masses with all the physical, mental, and moral suffering and the millions in money now sacrificed largely in vain, is nevertheless possible, but I emphasize once more, not until every tuberculous individual, in no matter what stage of the disease, is properly cared for at home or in an institution and all the predisposing causes removed. All the measures to attain this end must, of course, be inspired, not by a blind phthisiophobia (an exaggerated fear of tuberculosis) nor by an hysterical phthisiophobia (allowing the tuberculous person to do as he pleases because of our sympathy or love for him). The intelligent co-operation of the tuberculous patient is as much needed in the solution of these various problems as that of the statesman, physician, philanthropist, and the people at large."

"The various measures which I have ventured to suggest, and which are described in detail in my paper, must not ever be allowed to become a crusade against the tuberculous individual, who is our friend and brother, but for his sake and our sakes, we must make henceforth a more rational and determined fight against the disease 'tuberculosis,' which is our most costly enemy and the most deathly foe of mankind."

"Of course, there are certain social reasons for the prevalence of tuberculosis which are also responsible for some of our other social and physical ills. Among them I must mention first the utter ignorance of the vast majority of people who enter into matrimony of the responsibilities they assume as fathers and mothers of the coming generation. Some great philanthropist or some wise government should take the initiative and establish schools where the responsibilities and obligations of father and motherhood would be taught. To these schools all candidates for marriage should be admitted gratuitously. A course of one or two months would suffice and there should be night lessons as well as day instructions so that those occupied during the day may also have an opportunity to learn. These courses should include family hygiene, home hygiene, eugenics, the science of raising children physically, mentally and morally healthy, and such individual instructions for man and woman as the case may demand, all the work being directed towards enabling the future family to live a normal and happy life."

"The foods which best serve certain food needs are discussed in a new lesson in the reading course for farm women given by the home economics department of Cornell. This lesson is called "Rules for Planning the Family Dietary," and it tells the housekeeper what foods

to use to provide her household with the proper amount of energy and iron. Milk, eggs, meat, legumes, cereals, make living tissue grow; cereals, legumes, fats, sugars, and starches yield energy; milk, legumes, and whole cereals supply lime; eggs, legumes, oatmeal, vegetables, and fruits produce iron. Mild-flavored, non-stimulating, simply-prepared, and easily-digested foods should make up the main part of every meal. Eggs should always be used, when they can be afforded—a wise consideration. Much water should be consumed, and fruit and vegetables used liberally. Cereals and cereal food which include the outer layer of the grain are better than those that have had this layer removed. And always, the age, vigor, and activity of the individual should determine the strength of his food."—*The Dietetic and Hygienic Gazette.*

THE INTERNATIONAL CONGRESS OF NURSES

San Francisco, May 31—June 6, 1915

Jane A. Delano Prize Competition

Miss L. L. Dock, Hon. Secretary International Council of Nurses, 265 Henry Street, New York City.

Chairman Committee of Exhibits, Mrs. Helen Criswell, Wake Robin Ridge, Los Gatos, California.

Committee on Specifications—
Miss Carrie M. Hall, Chairman, Peter Bent Brigham Hospital, Boston, Mass.
Miss Ada M. Carr, Instructive District Nursing Association, Boston, Mass.
Miss Nancy Ellicott, Rockefeller Institute, New York City.

Two prizes, one of $100 and one of $50, have been offered by Miss Jane A. Delano, Chairman of the National Committee on Red Cross Nursing Service of the United States, for the best and second best invention by a nurse.

Inventions entered in this competition are to be displayed at the exhibition to be held on the occasion of the third International Congress of Nurses, May 31—June 6, 1915. This exhibition is to be a part of the Panama-Pacific International Exposition, San Francisco, California, February 20—December 4, 1915.

Inventions:—The inventions shall include any device invented by a nurse for the promotion of the comfort, relief, or welfare of a sick person. Preference in the awarding of prizes will be shown to those inventions which have the greatest practical bearing and whose usefulness shall have been demonstrated in the most obvious manner by the models entered in the competition.

Directions for Applications:—A. All persons intending to compete for these prizes must make application to Miss L. L. Dock, International Secretary, No. 265 Henry Street, New York City, before

November 15, 1914, giving the amount of space, floor or wall, which will be required for the exhibition of their invention.

B. Applications for space must be accompanied by a letter of introduction from some organization represented in the International Council, or endorsed by representatives of the following countries.

List of Names: Great Britain, Mrs. Bedford Fenwick, 20 Upper Wimpole Street, London, W.; United States, Miss Annie Goodrich, Teachers' College, Columbia University, New York; Germany, German Nurses' Association, Regensburger Str., 28 Berlin, W. 50; Holland, Miss Van Lanschot, Hubrecht, Nic. Maesstraat 85, Amsterdam, Holland; Finland, Madame Mannerheim, Surgical Hospital, Helsingfors, Finland; Denmark, Danish Nurses' Association, Kronprinsessegade 50, Copenhagen; Canada, Miss Mary Ard Mackenzie, Victorian Order of Nurses, Ottawa; India, Mrs. Etha Butcher Klosz, Queen's Mansions, Prescott Road, Bombay, India; New Zealand, Miss Hester Maclean, Government Buildings, Wellington, N.Z.; France, Dr. Anna Hamilton, Rue Cassignol, Bordeaux; Italy, Miss Amy Turton, care Queen Helena's Training School, Polyclinic Hospital, Rome; Japan, Miss Hagiware, Red Cross Hospital, Tokio; Switzerland, Miss Emmy Oser, Platten str. 33 II Zurich; Sweden, Miss Emmy Lindhagen, Serafimer Hospital, Stockholm; Norway, Miss B. Larssen, Hammerfestgt 13 II Christiania; Australia, The Australasian Tr. Nurses' Association, Equitable Building, Sydney, N.S.W., Royal Victoria Tr. Nurses' Association, 85 Collins Street, Melbourne, Victoria; China, Miss Chung, Women's Medical School Hospital, Tientsin; Cuba, Miss Hibbard, Hospital No. 1, Havana.

C. Should the invention be eligible for competition, notification will be sent to the applicant, together with directions for shipping.

Directions for Entries:—A. Articles entered for this competition must be received at San Francisco on or before December 31, 1914.

B. All transportation charges to and from the Exposition must be borne by the competitors.

C. All inventions entered must bear a card, first: explaining the operation of the device; second, the name and address of the inventor; third: the name of the training school and date of graduation of the inventor.

D. Exhibits must be left in the Exposition Building until the close of the Exposition.

E. Exhibitors who desire to set up their own exhibits may do so.

F. Further information can be obtained, if necessary, from the Chairman of the Arrangements Committee, Mrs. Helen Criswell.

Award of Prizes:—Award of prizes will be made by a committee appointed by the International Council when it convenes in San Francisco in 1915.

Editorial

HALIFAX, 1914

The Annual Meetings of The Canadian Society of Superintendents of Training Schools for Nurses and The Canadian National Association of Trained Nurses grow in interest and importance each year. The amount of work to be overtaken this year is enormous, for both programmes are crammed with papers of vital interest to the profession.

As the Delegates gather in this old, historic City-by-the-Sea, it is inspiring, and gratifying too, to note that there is every prospect that every Province in Canada will be represented. This is as it should be.

The questions that will come before the National Association are very important, nationally and internationally.

Plans for taking over The Canadian Nurse will be discussed and arranged. This is a question of vital importance, not only to The Canadian National Association, but to every nurse in Canada. If the National Association is to take this step, the nurses must make it possible.

Canada's part in the International Congress in San Francisco in 1915 will come up for decision. While the International Congress of Nurses is always of great interest, the 1915 Congress seems to come closer to us, as it will be held on our Continent. Many of our Nurses should take the opportunity to attend.

Another important question for discussion and decision will be Canada's part in the great international memorial that is being planned for Florence Nightingale. A Chair of Nursing in a University in her own country would be a splendid memorial to this great woman, the Foundress of our Profession.

Nurses, here is work, splendid, far-reaching, that will benefit the profession for all time, and it must be done now. Go forward and accomplish these great tasks in such a way that those coming after will be able to build securely and well on your broad and strong foundation.

THE INTERNATIONAL CONGRESS, 1915

Nurses who are planning to attend the International Congress of Nurses in San Francisco beginning on May 31st, 1915, will have noted the plans of the New York Nurses, as outlined in the July number. While some of our nurses may wish to go to the Congress by that

route, our National Association hopes that the greater number will go through Western Canada and attend the meetings of The Canadian National Association of Trained Nurses in Vancouver en route. These meetings will be arranged so that all who wish to go on to the International will be able to arrive in San Francisco in good time.

Let us keep Vancouver, 1915, in mind, and each see to it that her quota of thought and work and enthusiasm is not lacking there, and so the 1915 meeting will register a great advance all along the line.

OFFICERS FOR 1914-15

We are glad to be able to give the result of the elections in The Canadian National Association of Trained Nurses.

The officers are: President, Miss S. P. Wright, 115 Third St., New Westminster, B.C.; Secretary, Miss J. I. Gunn, Toronto General Hospital; Treasurer, Miss H. A. Des Brisay, 56 Sherbrooke St. W., Montreal.

Will subscribers who are notifying us of change of address be good enough to give both old and new addresses, so that we will have no difficulty in making proper entries. Several of late have renewed subscriptions giving new addresses, but not giving the old, and the result has been that the name has been entered as a new subscriber. A little attention to this matter will facilitate our work and prevent inconvenience to subscribers.

The Guild of Saint Barnabas

CANADIAN DISTRICT

MONTREAL—St. John Evangelist, first Tuesday Holy Communion at M. G. H., 6 15 a.m. Second Tuesday, Guild Service or Social Meeting, 4 p.m. Third Tuesday, Guild Service at St. John's, 8.15 p.m. Last Tuesday Holy Communion at R. V. H., 6.15 a.m.
District Chaplain—Rev. Arthur French, 158 Mance Street.
District Superior—Miss Stikeman, 216 Drummond Street.
District Secretary—Miss M. Young, 36 Sherbrooke Street.
District Treasurer—Miss F. M. Shaw, 21 Sherbrooke Street.

BE CONTENT WITH THY LOT.

O, envy not the world's great men,
Th' undying fame they leave behind,
The noble works performed by them,
The good they do to humankind.

Be content with thy humble lot,
And perfect do thy simple task;
An hour in idleness spend not,
But constant toil; 'tis all God asks.

Of simple things the great are made;
The brushless artist cannot paint,
And thoughts into oblivion fade
If words put on them a restraint.

Sweet music is made up of tones,
And mansions tall. from base to top,
Are built of many little stones;
The ocean holds full many a drop.

And when the Son of God came down
To free mankind, base slaves of sin,
He wore no kingly robe, no crown,
A tradesman's garb He clothed Him in.

—EUGENE SULLIVAN.

THE GRADUATE NURSES' ASSOCIATION OF ONTARIO

(Incorporated 1908)

First Vice-Pres., Mrs. W. S. Tilley, 157 William St., Brantford; 2nd Vice-Pres., Miss G. A. Read, 156 John St., London; Recording Secretary, Miss I. F. Pringle, 188 Avenue Rd., Toronto; Corresponding Secretary, Miss Jessie Cooper, 30 Brunswick Ave., Toronto; Treasurer, Miss Julia F. Stewart, 12 Selby Street, Toronto. Directors. Mrs. W. E. Struthers, 558 Bathurst St., Toronto; Mrs. A. H. Paffard, 194 Blythewood Road, North Toronto; Miss Mathieson, Riverdale Hospital, Toronto; Mrs. Mill Pellatt, 36 Jackes Ave., Toronto; Miss M. Ewing, 295 Sherbourne St., Toronto; Miss Eastwood, 206 Spadina Ave., Toronto; Mrs. Clutterbuck, 148 Grace St., Toronto; Miss Jean C. Wardell, R.N., 84 Delaware Ave., Toronto; Miss Eunice H. Dyke, City Hall, Toronto; Mrs. Yorke, 400 Manning Ave., Toronto; Miss G. L. Rowan, Grace Hosp., Toronto; Mrs. MacConnell, 514 Brunswick Ave., Toronto; Miss Mary Gray, 505 Sherbourne St., Toronto; Miss J. G. McNeill, 52 Alexander St., Toronto; Miss C. E. De Vellin, The Alexandra Apts., University Ave., Toronto; Mrs. I. P. MacConnell, 514 Brunswick Ave., Toronto.

The regular monthly meeting of the executive was held on Wednesday, June 24th, at the Nurses' Club, the president, Mrs. Tilley, in the chair. There were eight members present.

The conveners of the standing committees for the 1914-1915 are: Legislation, Miss Rowan, Toronto; constitution and by-laws, Miss Smith, Hamilton; publication and press, Miss Ewing, Toronto. It was decided that the provincial executive would no longer appoint a representative to the Local Council of Women, that duty now belonging to the Toronto chapter. Seven applications for membership were accepted.

Miss Ewing announced with regret that Miss Norris, a member of the board of directors had recently died, and moved that a letter of sympathy from the executive be sent to her family.

Mrs. McConnel, Western Hospital, Toronto, was appointed to take Miss Norris' place.

The annual meeting this year will be held at the General Hospital, Toronto. The executive will not meet again until the first week in September.

THE CANADIAN NURSES' ASSOCIATION AND REGISTER FOR GRADUATE NURSES, MONTREAL.

President—Miss Phillips, 43 Argyle Ave.

Vice-Presidents—Mrs. Petrie and Miss Dunlop.

Secretary-Treasurer—Miss Des Brisay, 16 The Poinciana, 56 Sherbrooke Street West.

Registrar—Mrs. Burch, 175 Mansfield St.

Reading room—The Lindsay Bldg., Room 319, 517 St. Catherine St. West.

How easy it is for one benevolent being to diffuse pleasure around him; and how truly is a kind heart a fountain of gladness, making everything in its vicinity to freshen into smiles.—Washington Irving.

This is a bit of "new thought" for our special consideration as companions of the sick. It is no newer than Irving, or the Gospels, or the prophets, or, for that matter, Adam and Eve. The only thing new about "new thought" is that it would be a new thing for some people to get it.

Can we remember that our patients are sick, or think they are; that they have revealed to us, perhaps unwillingly, the inner secrets of their weakness and sorrow, and that we are the custodians of their secrets; that they look to us for strength and encouragement as well as for medicine and baths? If we can remember these things, we shall realize the human element in every "case," and we will make it our privilege to radiate human sympathy as we go about the day's work. And so the work will be the pleasanter for us, and our friends, the patients, will make better progress toward recovery. This is what some smart people have just found out—and call it new. It never gets old.—*The Dietetic and Hygienic Gazette.*

(Bulletin No. 1.)

The Executive Council of the Victorian Order of Nurses for Canada has decided to issue short bulletins from time to time with a view to spreading knowledge on health subjects throughout the Country.

This first bulletin will deal with Child Welfare.

1. Prevention of disease is easier, better and cheaper than cure.

2. The child's welfare depends on the mother's health to a large extent. Expectant mothers should see to it that they have the proper care, food, exercise, etc., before the baby's birth. She should have her urine examined at least once a month, should drink plenty of water, her bowels should move once a day. Severe headache, swelling of face, hands, and increased swelling of ankles should be reported to her physician; if there be any bloody discharge the physician should be sent for at once.

3. The best food for babies is mother's milk.

4. The baby should be nursed regularly from five to seven times in the twenty-four hours.

5. The mother should remember that her peace of mind, freedom from worry, and from being over-tired have a great influence on the supply of milk. She should eat freely of her usual diet.

6. Boiled water, unsweetened, should be given the baby at regular intervals, before the milk comes in, and also between feedings afterwards

7. Cow's milk is the best substitute for mother's milk. Procure "Certified Milk" if possible. If it is not available, get the cleanest bottled you can find. Avoid all milk sold in bulk. The various so-

called "baby-foods" and condensed milks are not satisfactory, and are usually very injurious to the baby.

8. Many diseases, such as tuberculosis, diphtheria and typhoid fever are carried by milk, so it is well, if there be doubt about the supply, to have it pasteurized.

9. Baby's milk must be kept cold until before using, then heated to blood heat.

10. Everything that comes in contact with the baby's food must be kept clean.

11. Use a clean, boiled bottle for each feeding.

12. Use a clean, boiled nipple for each feeding.

13. When the baby has diarrhoea, stop all food at once, give it one or two teaspoonfuls of castor oil, and allow it to have plenty of cool unsweetened boiled water. If the baby objects to the plain water, barley or oatmeal water may be given.

14. Do not wash baby's mouth.

15. Next in importance to the baby's food is the housing conditions. See to it that the baby has plenty of fresh air and sunshine. It should spend most of its time out of doors. It should be shielded from the wind and the direct rays of the sun.

16. Do not put too much clothing on baby. In very hot weather the diaper and one loose garment are sufficient. Bear in mind, however, that a baby is very sensitive to heat and cold.

17. Bathe the baby at least once daily. In very warm weather two tepid sponge baths are advisable.

18. The baby should have a separate cot or basket, raised from the ground to avoid draughts, and should be protected from flies.

19. Do not allow anyone to kiss the baby on the mouth. Many children are infected in that way. Other ways are by allowing the child to play on the floor, when it picks up dusty objects which have germs on them, or with the cat, which is one of the greatest germ-carriers. Cover floor with clean sheet.

20. Do not use "pacifiers" or "comforts"; they are unnecessary and very injurious to the child.

The Victorian Order of Nurses for Canada offers a post-graduate course in district nursing and social service work. The course takes four months, and may be taken at one of the Training Homes of the Order: Toronto, Ottawa, Montreal, Vancouver. For full information apply to the Chief Superintendent, 578 Somerset Street, Ottawa, or to one of the District Superintendents at 206 Spadina Avenue, Toronto, Ont.; 46 Bishop Street, Montreal, Que.; or 1300 Venables Street, Vancouver, B. C.

HOSPITALS AND NURSES.

British Columbia.

Miss Booth, one of Victoria's most popular private nurses, was married to Capt. Tait, and has settled in Victoria. Mrs. Tait's many friends wish her much happiness in her new home, "Normandie Apartments."

Miss Moreau, graduate of St. Joseph's Hospital, Port Arthur, class '08, has resigned her position in Victoria with the Victorian Order, and will be married early in August to Mr. Gordon Gower, B.A., Public School Inspector. Mr. and Mrs. Gower will be at home to their many friends second week in October.

Miss Parker, graduate of Jersey City Hospital, is one of the staff nurses in the Fernie Hospital, Fernie, B.C.

Mrs. M. Clode, of Birmingham, Ala., is matron pro tem of the Elizabeth Duncan Memorial Hospital at Bessemer, Ala.

Miss Kennedy, of Victoria, B.C., is at present in Ladysmith, B.C., on a private case.

Ontario.

On the evening of June 16th the graduating exercises of the 1914 class of the G. and M. Hospital School for Nurses, Collingwood, took place, when six nurses received their diplomas—Misses Griesbach, Collins, Akitt, Morgan, McDonald, and Wood. Miss Morton, superintendent, gave a most interesting report, noting the progress that had been made since 1902, when the first class graduated.

Dr. F. N. G. Starr, of Toronto, addressed the graduates. Addresses were given by Mr. H. Y. Telfer, president of the board; Dr. Connolly, Dr. McFaul, and Rev. D. W. S. Urquhart.

After the Hippocratic oath had been administered by Miss Morton, the diplomas were presented by Mrs. Meacham, honorary president of the ladies' board. The medals were presented by Mrs. W. Williams, first vice-president. Dr. McFaul presented the gold medal to Miss Collins for highest standing. Miss Morton presented a hypodermic syringe to each graduate. Beautiful bouquets of roses were also presented to the nurses.

Miss M. Dawson has returned home after taking the month's post-graduate course in school nursing in Toronto. Miss Dawson will begin her duties as school nurse in Collingwood in September.

The Graduate Nurses' Association of Thunder Bay district gave a very pleasant moonlight trip around Thunder Bay on the evening of June 25th. About three hundred guests enjoyed the pleasant outing. The nurses were successful in raising funds to help defray the expenses of a delegate to the annual convention of the Canadian National Association of Trained Nurses at Halifax.

Miss Alice Guiry will shortly leave on an extended visit to her home in Lindsay, also to Montreal, Quebec, and Ste. Anne de Beaupre.

Miss Blackmore, operating room nurse at the R., M. and G. Hospital, Port Arthur, will be the delegate from the Thunder Bay Graduate Nurses' Association to the annual meeting in Halifax.

Miss Graham is spending her holidays camping at Lorne Park.

Miss E. Wood, late superintendent of the Cobourg Hospital, is now at the General Hospital, Owen Sound, Ont.

Miss M. A. Walsh, graduate of the Kingston General Hospital, has accepted the position of superintendent of the Cobourg Hospital.

Miss Scott, graduate of the Isolation Hospital, Toronto, the Polyclinic Post-graduate School for Nurses, New York City, has succeeded Miss Bell as lady superintendent of the Toronto Western Hospital. Miss Scott also took a post-graduate course in the General Memorial Hospital, New York City, and for some time after the completion of this course occupied a position in the institution as well as in the Roosevelt Hospital, in the same city.

Mrs. Broome (nee Miss Beatrice Wilson, graduate of the Toronto Western Hospital, class '08), of Alta, California, is visiting her mother in Woodstock, and will also spend a few weeks with Toronto friends.

Miss Jessie Cooper, graduate of the T. W. H., has joined the Metropolitan Life Insurance Association staff of visiting nurses.

Miss Lena Davis attended the convention of the Canadian National Association of Trained Nurses at Halifax, as delegate from the T. W. H. Alumnae Association. She also attended the annual convention of superintendents, as she is a member of that society.

Miss McDonald is visiting in Winnipeg for a few weeks while convalescing after her recent operation.

A new surgical wing is being added to St. Joseph's Hospital, Port Arthur. It will be very up-to-date, with new operating rooms, and will be heated by a separate steam heating plant.

The annual commencement of the Hamilton City Hospital Training School for Nurses was held at the Nurses' Residence, May 21st, at 3 p.m., a class of 27 graduating. T. H. Pratt, Esq., chairman of the board of governors, presided. Addresses were given by the Rev. S. Banks Nelson, Rev. Mr. White, Rev. Mr. Williams and Col. Moore. Dr. Langrill gave the Florence Nightingale Pledge to the graduates, and John I. McLaren, Esq., presented the Mary McLaren House Scholarship, which was awarded to Miss Donaldo Kelso, of Wallacetown. Refreshments were served after the exercises, and the new wing for children was open for inspection.

The graduates are: Mary Cameron King, Lillias A. Morden, Jen-

nie A. Kitchen, Eleanor W. Stainton, Hazel D. Dahl, Emily J. Grinyer, Alice C. Doyle, Jessie E. A. McColl, Elizabeth P. Malcolmson, Lillian Dixon, Barbara M. Parker, Jennie P. Hazlitt, C. J. McGregor, Minnie P. Pegg, K. M. C. Barwick, M. Jolley, Donaldo Kelso, E. M. Walker, M. C. Barclay, Vera A. Campbell, Edith M. Carbert, Clara J. Grainger, Edith V. Davidson, Mary E. Ball, Grace E. Lowe, Florence B. Mould.

The usual graduation dance was held in the evening, when 110 sat down to supper.

Miss Rogers has resigned the position as night supervisor at Riverdale Hospital, Toronto. Miss M. Potts has taken her place.

Miss F. Piggott has resigned the position of head nurse, the vacancy being filled by Miss E. Honey.

At a special meeting of the Hamilton Hospital Alumnae, Miss Burnett was appointed president in place of Miss May Brennen, and Miss Marion Ross recording secretary in Miss Fenby's place.

Miss Mina Rodgers, graduate of H.C.H. class '08, has been appointed superintendent of the Berlin and Waterloo Hospital.

The eighth annual meeting of the Victoria Hospital, London, Alumnae Association was held on Tuesday, May 26th.

The President, Miss Gilchrist, read a very interesting address of welcome to the graduating class of 1914.

Miss McIntosh, the retiring secretary, submitted the report for the past year, which showed the association to be in a good condition both as to membership and finances.

Officers were elected for the ensuing year as follows: President, Miss Gilchrist; vice-president, Miss Mae Vicor; secretary-treasurer, Miss Whiting; programme committee, Misses Laird, Milroy and Rosser; representative to The Canadian Nurse, Mrs. Walter Cummins.

At the conclusion of the meeting the members attended a reception to the Alumnae and graduating class given by the trustees and officers of the hospital, in the spacious parlor of the Nurses' Home. Miss Stanley, superintendent of nurses and Col. Gartshore, chairman of the hospital trust, gave each one present a hearty welcome.

The graduating exercises of the class of 1914 were held at the Normal School on Wednesday, May 27th. The proceedings were opened by prayer by the Very Rev. Evans Davis, Dean of Huron. The twenty-seven graduates received their diplomas at the hands of Lieut.-Col. W. M. Gartshore, chairman of the Hospital Trust, after they had taken the Florence Nightingale Pledge. Mr. L. Meredith presented the badges.

The prize medals were then presentd by Dr. Niven, chairman of the medical staff, to Miss Ethel Grace Brock, London, gold medal; to Miss Ethel Wilson, Clavering, silver medal; to Miss Anna Hicks, Windsor,

bronze medal. The address to the graduating class was delivered by Dr. George MacNeil.

The brilliant assemblage, the nurses in their white costumes and the profusion of beautiful flowers, were an inspiring and interesting sight. The Tony Cortese Orchestra furnished the music. The following is a list of the class of 1914:

Lillian Somerville, Ethel Wilson, Susie Elliott, Sarah Wilson, Marion MacDermid, Harriette Purdy, Mary Foreman, Harriet Hammond, Ethel Brock, Lottie Paynter, Ada Brown, Catherine McMillan, Edna Lyon, Julia Phelps, Erie Treadwell, Nellie Marsh, Margaret Kennedy, Allie Hiles, Margaret Hedley, Ella Sherritt, Eva Boyden, Menotah Roberts, Maud Bristow, Annie Hicks, Adeline Bodkin, Florence Weldon, Alberta Simpson.

The graduating exercises of the 1914 class of the Hospital for Sick Children Training School for Nurses, Toronto, was held on the evening of May 27th, in the beautiful reception room of the residence. Mr. J. Ross Robertson, chairman of the Hospital Trust, presided. Rev. Dr. Gandier, principal of Knox College, gave the invocation, after which Mr. Robertson gave a most interesting address and a report of the Training School, which showed that everything was progressing most favorably under the superintendency of Miss Potts. Very Rev. Archdeacon Cody addressed the class, giving them some splendid advice which they and, indeed, all nurses who were present, will do well to remember always. The diplomas and medals were presented by Dr. Clarence L. Starr. The prizes were presented by Mrs. J. Ross Robertson: 1st division, (1) scholarship of $50 in gold for general proficiency, to Miss Olive Campbell; (2) for highest marks, a case of instruments to Miss Hilda Pennock. Second division: (1) Scholarship of $50 in gold to Matilda Fitzgerald; (2) case of instruments to Miss Alice Barnes. Third division: (1) Scholarship of $50 in gold to Miss May Johnston; (2) for highest marks, a case of instruments to Miss Jessie McDonald; (3) for general proficiency, a case of instruments to Miss F. C. Gamble and to Miss A. M. Grindlay, who were equal. For neatest charting, Miss G. L. Spanner was awarded a case of instruments.

Intermediate class: Scholarship of $30 in gold to Miss Ethel Daily; case of instruments to Miss Ethel Daily for neatness, and to Miss Jessie Macdonald for highest marks.

Junior class: Scholarship of $20 in gold to Miss Beatrice Simms, and case of instruments to Miss Marion Piggott for highest marks.

Dr. Allen Baines presented the scholarships, after which the singing of the National Anthem closed a very interesting programme. The guests were invited to the spacious dining room, where dainty refreshments were served, and where all had the privilege of viewing the table of beautiful flowers, gifts to the graduating class.

The Toronto General Hospital Training School for Nurses held the graduating exercises for the 1914 class on the evening of May 21st, in the out-patient building. Mr. J. W. Flavelle, chairman of the Hospital Board, presided. Miss Gunn, superintendent of nurses, gave the report of the Training School.

President Falconer spoke in strong and appealing terms to the graduates, whose vocation and work he deemed above all price, and from their first year onward always to have the highest standpoint in view.

Lady Gibson distributed the school pins and diplomas. The winners were as follows:

Scholarships and prizes: Senior year, the Dr. James F. W. Ross Scholarship, general proficiency, Maude Rogers Webb; the H. A. Bruce Scholarship, proficiency in operating room technique, Lizzie McEachren; the R. L. Patterson Prize, highest standing in examinations, Daisy Eleanor Randall. Intermediate year, the P. C. Larkin Scholarship, general proficiency, Florence Hessletine Dolson. Junior year, the Arthur McCollum Memorial Scholarship, general proficiency, Ella Grant.

The graduates are: Olive Allison, Kathleen Adams, Edna M. Armstrong, Ruby E. Berry, Mary Anna Buchanan, Jessie Evelyn Coulter, Katherine Crichton, Almeda L. Clubine, Florence Beetha Dix, Verbena Beatrice Friend, Annetta Fields, Mae Gabrella Grills, Florence Hill, Ella DeVere Hunt, Susie Alberta Lambie, Fannie Elizabeth Loucks, Lizzie McEachren, Catharine McBeath, Nellie Elizabeth McCarter, Emma Charlotte McLeod, Margaret Eliza Orr, Daisy Eleanor Randall, Helen Stewart, May Eliza Shaver, Florella May Stevenson, Muriel Louise Sculthorpe, Margaret Hazel Sheppard, Mary Emma Tretheway, Maude Rogers Webb, Katherine McDougall Westman, Myra Wood, Madeline A. R. Yeates.

A reception in the Nurses' Residence brought a very happy evening to a close.

The critical illness of Rev. Sister Marie de Saureur, superioress of the Hospital, was the only obstacle which marred the graduating exercises of the 12th class of the Youville Training School of the Ottawa General Hospital. A bright day and a large attendance of the many friends of the young graduates gathered in the beautifully decorated lecture hall of the institution, were features which helped to make the occasion a memorable one.

The assembly was honored with the presence of His Lordship Bishop Brunet of Mount Laurier. An ex-chaplain of the nurses, the bishop's many friends in the hospital were delighted to see him again

Dr. Chevrier acted as chairman, and made a short speech before the presentation of diplomas and medals. The usually pretty musical pro-

gramme was omitted, but an orchestra stationed in the corridor rendered some beautiful numbers.

Mrs. W. P. Davis, president of the ladies' auxiliary of the hospital, presented the diplomas, and Miss M. Brankin, president of the Nurses' Alumnae, pinned medals on the following: Rev. Sister Valere, Misses M. Kennedy, H. Brunel, M. Daly, E. Hoctor, M. Whelan, M. Galbraith, R. Bradley, A. Roirdan, Miss M. Kennedy, having obtained highest percentage on totals, won the prize donated by the Nurses' Alumnae.

Dr. J. L. Chabot then delivered the address to the graduates. A general favorite, the doctor's speech delivered in his usually fluent style, was delightfully received. After extending congratulations and good wishes to the graduates, he urged upon them the necessity of watchfulness and kindness.

Bishop Brunet's addresses in English and French, although brief, were most interesting.

In conclusion, Sir James Grant, dean of the medical staff, offered congratulations to the graduates, and complimented the speakers, and in a most kindly manner spoke of the deep regret caused by the illness of the Sister Superior.

An orchestral number terminated the exercises, and the guests repaired to the lawn, where dainty refreshments were served.

Sir James Grant, Drs. Chevrier, Chabot, Gibson, Baptie, Smith, Ells, Valin, Young, Flegg, Sims, Legault, McLeod, Gordon and Woods were among the many present.

At the Ottawa General Hospital, on Thursday, May 21st, the death occurred of Sister Marie de Saureur, superioress of the hospital.

The late Sister suffered from cardiac dropsy, and was ill for some months, but remained on duty until Easter Sunday. From that time on she failed rapidly, but had frequent bright spells.

A most kind and indulgent director, and a remarkably clever business woman, her demise is a decided loss to the community of which she was a zealous member for forty-four years.

During her nine years' regime in the hospital great improvements have taken place, and it was ever her earnest desire to provide the utmost comfort for the patients and inmates, and to keep abreast with newest appliances in every department of the house.

The funeral on Saturday, May 23rd, was largely attended, all of the staff doctors being present, besides a great number of personal friends.

The news of the appointment of Sister Mary Auxialtrix, as superioress of the Ottawa General Hospital, was a delightful surprise to the sisters, doctors, nurses and all friends of the hospital.

The new superior is a graduate of the first class of the training

school, and has been connected with the institution for eighteen years. As an expert chemist, Sister Mary Auxialtrix has had charge of the pharmacy for the past eight years. A devoted nurse, and most kind and unassuming sister, Sister Superior is a decided favorite in the hospital, and her numerous friends extend congratulations and best wishes for success in her new and responsible position.

On Monday evening, May 11th, the graduating exercises of the class of 1914 of Kingston General Hospital were held in Grant Hall. After the distribution of diplomas and prizes, an excellent musical programme was rendered. The chief speaker of the evening was Miss Charlotte Aikens, of Detroit, Mich., who gave a very interesting paper on "Practical Ideals in Nursing."

Hamilton—A most enjoyable time was spent by the nurses and their friends at a summer dance given in the Brant House in aid of the Central Registry. The dance was both a social and financial success.

Misses Sampson, Doyle, Bier and Morden, graduates of Hamilton City Hospital, are nursing at Camp Niagara.

The 1914 class of fourteen, of the Toronto Western Hospital, on the afternoon of May 21st, received their parchments and medals in the presence of a large number of people, in the assembly hall of the hospital. The graduates are: Sadie Ritchie, Emma V. Pringle, Sara Atchison, Elizabeth A. Jackson, Edith Lawson, Mabel Allison, Bertha Cole, Marion Miller, Mary McDonald, Emmeline Harvey, Annie Riley, Marjory Rose, Stella Meggs, Annie Lowe.

After addresses by the chairman, Lieut.-Governor Sir John Gibson, Rev. T. Crawford Brown and Mr. Noel Marshall, the medals and diplomas were presented by Sir John Gibson, and the special scholarship and prizes were presented by Hon. Thomas Crawford, chairman of the board of governors, to the following nurses: Emmeline Harvey, Annie Lowe, Edith Lawson, Mary McDonald and Marjory Rose.

A pleasing feature of the exercises was the presentation of a cabinet of silver by the board of governors, dining room chairs by the staff doctors, and cut glass by the ladies' board of the hospital, to Miss Bell, retiring superintendent of nurses. After the exercises a reception was held in a marquee on the south lawn.

On Thursday afternoon, May 28th, Miss Bell, lady superintendent of the Toronto Western Hospital, and bride-to-be, received at the Western Hospital. The Alumnae Association of the hospital took this opportunity of gathering in a body to present Miss Bell with a pair of sterling silver candlesticks.

The T.W.H. Alumnae Association held its regular monthly meeting for June, which is the last meeting of the season, at the club house,

on the evening of June 5th. There was a fairly good attendance, and a pleasant social evening was enjoyed by all.

The Graduating Exercises of the Training School of St. Luke's Hospital, Ottawa, were held in the new wing, Thursday, June 25th, 1914. Last year, owing to lack of accommodation, no exercises were held, so special interest was shown this year, when classes 1913 and 1914 graduated together. The building was tastefully decorated with flags and flowers. Sir Louis Davies presided, and Dr. H. B. Small and Sir James Grant, M.D., addressed the nurses.

The medals and diplomas were presented by Mrs. W. G. Perley, Hon. President of the Ladies' Auxiliary. Miss Winifred Godard, Ottawa, was prize-winner of Class 1913, and Miss Marjory Upton, Ottawa, of Class 1914.

In the evening a dance was given for the nurses and their friends by the Ladies' Auxiliary and was greatly enjoyed by all.

Class 1913 are: Ethel Mary Piggott, Minerva A. Groves, Stella J. Johnston, Caroline Maud Bennett, Jessie Pollock MacFarlane, Mima Alexandra MacKenzie, Eva Awde Craig, Winifred D. Godard; and Class 1914 are: Bertha C. Rolph, Margery Bayne Upton, Mary Belle McKinnon, Lydia May Acheson, Pearl Breaky.

The graduating exercises of the Mack Training School, St. Catharines, were held June 18th, on the main floor of the hospital. The ward was prettily decorated with peonies and palms. The six graduates were: Miss Marriott, Miss McCormick, Miss Fowler, Miss Pike, Miss Blackhall, and Miss Calvert. The exercises were opened with prayer by the Rev. A. L. Huddleston. Mr. J. Marshall, Chairman, made a few remarks on the splendid work of the institution and the high standing of the nurses, and upon the able assistance of the Superintendent, Miss Uren. Dr. MacMahon addressed the graduates. He voiced his appreciation, which he felt sure was the appreciation of the entire staff of doctors, for the kind assistance from these young ladies. He wished to impress upon the graduates the motto of the hospital, "I see, I hear, I am silent." "You can be proud to be graduates of the Mack Training School, and of receiving your training under your efficient Superintendent, Miss Uren." Addresses followed by Rev. Broughall and Rev. Beaton. In the evening the graduates held an at-home. A very enjoyable time was spent.

Rev. Dr. Grant, Superintendent of the Presbyterian Home Mission and Social Service Board, has returned from a flying visit to the West, where, among other things, he formally opened the Hugh Waddell Memorial Hospital, at Canora, Sask.

The doctor reports unprecedented prospects throughout the Prairie Provinces. The Waddell Hospital is situated in the heart of a

Ruthenian settlement; and while it has a first-class staff and equipment, it is practically a pioneer in medical work in the district. Many of the patients pay for treatment, but Dr. Grant, in his speech at the opening, said he hoped the time would never come when a needy patient would have to be turned away for lack of room.

Manitoba.

On May 16th, another graduating class of the Winnipeg General Hospital Training School received their diplomas and medals. The exercises were held in the drawing-room of the Nurses' Home, and were attended by the friends and relatives of the nurses.

During the playing of a march by Mr. Higginson the class came down the stairs and into the rooms, carrying in their arms many beautiful flowers.

Mr. Galt addressed the graduates, referring to Miss Wilson's departure, and on behalf of the directors and graduating class tendered her their thanks for her nine years' splendid service.

Mr. Hespeler presented the medals in order of seniority—Misses Anderson, Chisholm, Robertson, Ray, Dormer, Findlay, Duncan, Connor, Shore, Roger, Berry, Mitchell, Kirkham, Merritt, Somerville, Duff, Greenbury, Henders, Dawson, Leighton, Thorsteinson, Lynch, McClelland, Carter, McPherson, Davis, Oliver, Aston.

The prizes were presented:

1. Highest General Proficiency, Miss C. M. Findlay, the Royal Household prize, presented by the Ogilvie Milling Company.

2. Practical Work, won by Miss C. M. Findlay, presented by Dr. H. H. Chown, in memory of Dr. W. S. England.

3. Bandaging, won by Miss M. C. Robertson, presented by E. L. Drewry, Esq.

Special bandaging prizes won by Miss Grace Connor, presented by Dr. Lehmann and Dr. Brandson, and Miss S. J. Shore, presented by Dr. G. W. Sinclair.

4. Charting, won by Miss E. M. Aston, presented by Miss E. M. Bain, in memory of Mr. Justice Bain.

5. Obstetrics, won by Miss C. M. Findlay, presented by A. McDonald, Esq.

6. Surgery, won by Miss W. F. Dawson, presented by W. F. Alloway, Esq.

7. Infections Fevers, won by Miss C. M. Findlay, presented by Miss A. Attrill.

Then followed a song by Mrs. Counsell, accompanied by Mr. Gee.

Rev. Canon Murray, in addressing the class, referred to the element of sadness and hope present on an occasion of this sort. He said

that in the choice of a career for women, there were few more interesting, useful, or that so carried with them their own reward.

After a song by Miss Overton, Dr. Galloway addressed the class. He said besides the opportunities afforded for usefulness, interest and charity, not least was the help to development of the best in one's own character. It was a call to service of the highest order and not on the training alone, must depend success, but personality counts immensely. To be borne in mind constantly by a good nurse to do for our kind, in the best way, what they are unable to do for themselves.

Miss Galt completed the program by singing "A Perfect Day," accompanied by Mrs. Higginson and Miss Higginson, violin obligato.

Tea and cake were served as a finis to a pleasant afternoon.

The following Tuesday the class entertained their friends to the usual dance at the Nurses' Home.

QUEBEC.

The inauguration of a training school for nurses in connection with St. Vincent de Paul General Hospital, Sherbrooke, Que., took place in September, 1913. The ceremony took place in the handsome large community room, which was prettily decorated for the occasion. Mgr. Paul Larocque, Bishop of Sherbrooke, presided, and was received on his entrance by Rev. Mother Perras, superior of the hospital. Bishop Larocque was accompanied by Mgr. Chalifoux, V.G.; Rev. A. O. Gagnon, Rev. E. W. Dufresne, Rev. Abbe Marcotte, Rev. Napoleon Codere and Mr. C. E. Gatien.

The members of the medical board were present, and a class of nine young women, who were entering the training school.

Representatives of the other religious communities of the city, and of the Press were also present, with Rev. Sister Campeau, superintendent of nurses, and her staff. At the close of this most interesting ceremony dainty refreshments were served.

THE FORMATION OF "THE ALUMNAE ASSOCIATION OF THE WESTERN HOSPITAL, MONTREAL, TRAINING SCHOOL FOR NURSES."

On November 18th, 1913, a meeting of the graduate nurses of the Western Hospital, Montreal, Training School for Nurses, was held in the Nurses' Home for the purpose of forming an Alumnae Association for the benefit of the graduates of the training school.

Miss Craig, Superintendent of the training school and convener of the meeting, was requested to take the chair, and in a few well-chosen words explained the aims and objects of the Association.

A formal motion was then proposed and carried: That an Alumnae

Association of the nurses of the Western Hospital, Montreal, be formed and incorporated under the name of the Alumnae Association of the Western Hospital, Montreal, Training School for Nurses, the aims and object being to unite the graduates; giving mutual benefit and protection, to advance the general standing and best interests of the nurses, and to establish a fund for the benefit of the sick among the members. A ballot being taken, the following officers were elected:

Honorary President, Miss Craig; President, Miss McBeath; First Vice-President, Miss Perrault; Second Vice-President, Miss Dyer; Secretary-Treasurer, Miss Reinhardt.

The President then took the chair, and the meeting decided that the Association be governed by a board of directors of ten (10) members, to be elected annually, four (4) of whom shall be appointed conveners of the sub-committees, and all of whom shall serve on the sub-committees. These are: Programme, Finance, Visiting and Membership, General Nursing and Social.

A draft of by-laws to govern the Association was drawn up, subject to amendment, voted upon and carried.

A vote of thanks having been tendered Miss Craig for her efforts in promoting the formation of the association, and for her unfailing kindness to the nurses, the meeting adjourned until December 9th, 1913.

The monthly meetings of the Alumnae Association of the Western Hospital, Montreal, Training School for Nurses have been held on the first Monday of each month at 4 p.m. in the Nurses' Home, when interesting addresses have been delivered by the physicians and surgeons of the hospital. The lectures of Dr. Perrigo on "Smallpox," and Dr. Reilly, on "Serum Treatment," were especially interesting and of great benefit to the nurses.

ELIZABETH WRIGHT.

United States

The annual meeting of the Fanny Allen Hospital Graduate Nurses' Association, Burlington, Vt., was held at the Fanny Allen Hospital on the afternoon of June 9th. Resolutions were adopted on the death of Mary E. Sherran, president of the association. Nine new members were admitted to the alumnae. The following officers were elected for the coming year: President, Mary E. Murran, '99; Vice-President, Anna Kingston Larner, '05; Secretary, Sarah Thaxter, Whitmarsh, '08; Treasurer, Rev. Sister Sweeney, '02.

After the usual business meeting, remarks were made by the Right Rev. Bishop Rice and Dr. P. E. McSweeney. A chorus, "O, Summer Night," was rendered by undergraduates; a paper entitled "A Specialty in Specialization," was read by Barbara E. Strong, R.N.; there

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After the required number of drops have been regulated by the screw compressor, it is unnecessary to touch the screw compressor again; as to shut off, or open up, the flow it is only necessary to shut off or open up the ratchet shut-off which is placed above the screw compressor.

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was a duet by the Misses Mears, and a paper by C. V. Costellow, R.N., after which a bountiful banquet was served by the sisters and nurses.

The hospital was prettily decorated with the hospital colors, red and white, and also with the class colors of 1914, purple and gold.

BIRTHS.

At Fort William, Ont., on May 6, 1914, to Mr. and Mrs. William Harris, a son. Mrs. Harris (nee Rogan) is a graduate of Toronto Western Hospital, class '08.

At Craik, Sask., on May 11th, 1914, to Dr. and Mrs. Palmer, a daughter. Mrs. Palmer (nee Hudson) is a graduate of Kingston General Hospital.

At Kingston General Hospital, on May 9th, 1914, to Mr. and Mrs. Albert Stroud, a son. Mrs. Stroud (nee Guild) is a graduate of Kingston General Hospital, class '11.

MARRIAGES.

At Toronto, June 3rd, 1914, Miss Sadi Bell, retiring superintendent of the T. W. H., to Mr. G. A. Kiddie, son of the late Mr. and Mrs. Boyd Kiddie, of Oshawa, Ont.

On April 28, 1914, at the residence of her sister, Mrs. Scott, Vancouver, B.C., Margaret Grant Robertson, graduate of Vancouver General Hospital, to A. G. King, C.E., of Nanaimo.

On December 20, 1913, at Edmonton, Alta., Miss Elsie Tompkins, of Chatham, Ont., graduate of Toronto Western Hospital, class '10, to Mr. H. Scythes, of Weston, Ont.

At Osceola, Ont., on June 29th, 1914, Mary Gertrude Fitzpatrick, graduate O. G. H., class '08, to Mr. J. B. Fyfe, Cobalt, Ont.

At Toronto, on June 10, 1914, Miss Ida Rogers, graduate of Riverdale Isolation Hospital, Toronto, to Mr. Rudolph Charles Reidel. Mr. and Mrs. Reidel will reside at 127 Browning avenue, Toronto.

At Toronto, on June 29th, Miss Ethel May Noble, graduate of Grace Hospital, Toronto, to Mr. Sidney J. Shuttleworth, of Alberta.

At Moose Jaw, Sask., June 24th, 1914, Miss E. Jean Fell, graduate of the T. W. H., class '06, to Rev. Frank B. Richardson, of Rouleau, Sask.

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How to Succeed as a Trained Nurse. Edited by Sir Henry Burdett, K.C.B., K.C.V.O., author of "Hospitals and Asylums of the World"; "Hospitals and the State"; "Pay Hospitals of the World," etc., etc., and Editor of "The Hospital."

The Scientific Press, Limited, 28-29 Southampton Street, Strand, London, W.C., England. Price 2/6 net.

This book is a guide to various openings in the United Kingdom and abroad so that the nurse may be in a position to choose her branch of work. The information relating to the United Kingdom is very complete, but that relating to the Colonies is very inadequate. Under Canada are noted the Scottish Nursing Home and Association, Calgary, Alta., and The Victorian Order of Nurses of Canada.

A Course of Lectures on Medicine for Nurses. By Herbert E. Cuff, M.D., F.R.C.S., Medical Officer for General Purposes to the Metropolitan Asylums Board, Late Medical Superintendent North-Eastern Fever Hospital, Tottenham, London. Sixth Edition.

The Macmillan Company of Canada, Ltd., Toronto. Price $1.25 net.

The author here seeks to provide nurses with "a work of reference which will enable them intelligently to follow the progress of their cases; to grasp the meaning of symptoms; to understand some of the reasons which influence the physician in his adoption of different methods of treatment and the results to be expected therefrom." This information strengthens the interest of the nurse and thus increases the efficiency of her work. That the book has proved useful and helpful is demonstrated by a sixth edition.

Colorado Nursing News, with Mary B. Eyre as Editor and Louise Perrin as Business Manager, is a new twelve-page journal published by the Colorado State Trained Nurses' Association, in Denver. This journal, the first number of which appeared in February, 1914, is to the nurses of Colorado "a symbol of closer fellowship and greater endeavor."

The Editor and her assistants have our best wishes for success.

Anatomy and Physiology for Nurses. By Le Roy Lewis, M.D., late surgeon to, and lecturer on Anatomy and Physiology for Nurses at the Lewis Hospital, Bay City, Michigan. Third Edition, thoroughly revised.

W. B. Saunders Company, Philadelphia and London. Canadian Agents, The J. F. Hartz Co., Ltd., Toronto. Price, cloth, $1.75 net.

This is a particularly good textbook, and should find a place in every training school library. Graduates, too, will find it excellent for refreshing their knowledge. There are 161 illustrations and a good list of review questions at the end of each chapter.

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